## Bring Robinson's Karate to you with ON-LINE TRAINING! The Program Within the Program

Each Monday you will receive a new pre-recorded session approximately 30 minutes long. It is designed to keep kids motivated and allows you to train as often as your like at your convenience! In addition, you will recieve live Zoom classes that will keep you up to date with each Workshop.

LEARN TO DEFEND Yourself

**HAVE FUN** 

THE PERFECT BALANCE BETWEEN ENTERTAINMENT AND EDUCATION

EXERCISES DESIGNED TO RELEASE ENERGY AND PROMOTE FITNESS

THINK OF IT AS A KARATE GAME YOU WON'T FEEL GUILTY ABOUT YOUR KIDS PLAYING!

Serving St. Louis Since 1992 8738 Rear Watson Rd. *(Watson Auto Care Plaza)* • St. Louis, MO 63119 www.robinsonskarate.com 314.849.6660 steve@robinsonskarate.com



"My four kids have been attending Robinson's Karate for five years and have loved it. The instructors are kind and patient. During this last year we decided to try the online program

due to Covid. This has been a great option for our family. The kids still get to take a class they love, but in the comfort of our home. They still feel like a part of the class and are still expected to have the answers when called upon. I would highly recommend this option to anyone who is unable to be 'in person' at this time." — Erica Holderle

"Our son has been attending Robinson's Karate for several years and when COVID hit we were worried about how he would continue. Steve quickly put together an online program with live Zoom classes and supplemental pre-recorded videos. Through these virtual offerings, our son has been able to stay engaged with his karate lessons. Steve has been super flexible to meet our family's needs and has been great about keeping his online students on track. Even though the virtual offerings have worked out well for our family during this time, we can't wait to get our son back to Robinson's Karate classes in-person!" — The Thomson Family





continue with karate. The online classes have been a great way

**CONTINUED** for Malcolm to keep improving and working towards his next belt. His self esteem and confidence are developing as well as his karate skills. We are very

excited to continue with these classes and look forward to them each week." —The McGinty Family

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