

# ROBINSON'S

GROUP CLASSES • PRIVATE LESSONS • SPECIAL EVENTS BROCHURE

# KARATE

• NO TEST FEES • NO HIDDEN FEES • NO BALONEY!

8738 Watson Road (Rear) (Watson Auto Care Plaza) | Crestwood, MO 63119

**314.849.6660** | [www.robinsonskarate.com](http://www.robinsonskarate.com)

**4-Week  
Trial  
\$29.00**  
(2 times per week)

## Karate for Pre-Schoolers Ages 4 & 5



Sign up for our  
non-competitive  
karate classes—  
chop-chop!

Give your child a *different*  
kind of education

Focus,  
Discipline,  
Confidence  
& Respect

Ages 5  
and older

## We make exercise FUN!

**Adult Martial Art Students** have fun while they get in shape and learn valuable self-defense techniques. Come see how exercise can be FUN!

Are you tired of the same  
old boring exercise routine?



WE MAKE  
EXERCISE  
FUN!



BEFORE  
& AFTER

## REGULAR MONTHLY RATES 2 CLASSES WEEKLY

Individuals .....\$85  
Family of 2 .....\$130  
Family of 3 .....\$160  
Each Add'l Family Member .....\$25

Upgrade to 3 classes weekly  
.....\$20 per person

## 2021 START DATES:

January 4  
February 15  
March 29  
May 10  
June 21  
August 2  
September 13  
November 1

COMING SOON

| TIME    | Mon                         | Tues                        | Wed                         | Thur                        | Fri                         | Sat              |
|---------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|------------------|
| 9:15 a  |                             | Home Schoolers              |                             | Home Schoolers              |                             | KIDS             |
| 10:00 a |                             | Pre-Schoolers<br>Ages 4 & 5 |                             | Pre-Schoolers<br>Ages 4 & 5 |                             | KIDS             |
| 10:45 a |                             |                             |                             |                             |                             | TEENS/<br>ADULTS |
| 4:45 p  | KIDS                        | KIDS                        | KIDS                        | KIDS                        | KIDS                        |                  |
| 5:30 p  | Pre-Schoolers<br>Ages 4 & 5 | KIDS                        | Pre-Schoolers<br>Ages 4 & 5 | KIDS                        | Pre-Schoolers<br>Ages 4 & 5 |                  |
| 6:15 p  | 5th thru 8th<br>Graders*    | KIDS                        | 5th thru 8th<br>Graders*    | KIDS                        | 5th thru 8th<br>Graders*    |                  |
| 7:00 p  | TEENS/<br>ADULTS            | FAMILY                      |                             | FAMILY                      |                             |                  |



Become a fan of Robinson's Karate on Facebook.

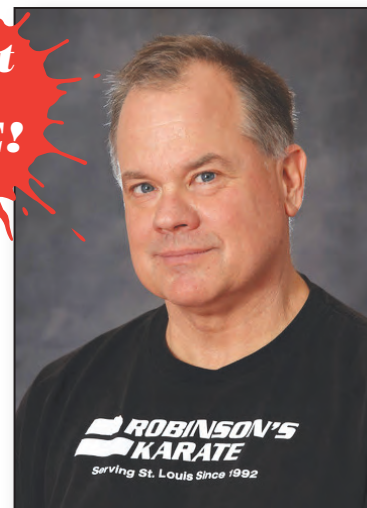
# Hire Steve Robinson for **PRIVATE LESSONS**

## See What a Difference They Make!

“My son was having a difficult time concentrating in the karate class setting. Steve recommended private lessons and wow what a difference they have made! The one-on-one attention has provided my son with the in-depth instruction that he needed. He’s made vast improvements in his technique, form and focus and I couldn’t be happier with these weekly sessions.”

— Michelle Orr

**Try it  
for  
FREE!**



**STEVE ROBINSON**

**Call  
314-849-6660  
for details.**

“Private lessons with Steve have perfected the small things in my martial arts progress, including: timing, hand position, balance and footwork. Working individually with Steve allows him to focus on my techniques and make important small adjustments that improve my overall mastery of the art.

Steve is also able to adapt to my changing schedule. I have a specific meeting time with him each week. However, Steve has always been understanding of my often changing schedule and periodic travel requirements. It is not unusual for me to have to change our set meeting time once a month.”

— Jay Rogers, Manager-Dealer & Sales Support Service  
Purina Animal Nutrition LLC

### **PICK A TOPIC:**

- **Street Defense for Women**
- **Traditional Martial Arts**
- **Self-Defense & Fitness**

**4-PACK**  
(One 30 Minute  
Weekly Session)

**PRIVATE  
LESSONS  
\$160**

**SEMI-PRIVATE  
LESSONS  
\$240**

“We went to Robinson’s for private karate lessons because our 8 year old son was dealing with ADHD—an inability to focus and low self confidence. Steve Robinson has been brilliant with our son and his teaching style perfectly combines and balances patience with sternness. never focusing on the negative and only on the positive, Mr. Robinson really understands how to motivate his young students. The end result has been remarkable. Our son has made huge strides in his ability to focus on the task at hand. He’s happier in general and loves karate.”

— Jason Franz, CRNA, Major, United States Army

“Steve is the best. In private lessons he gives me alternative approaches, taking as much time as I need to figure out how to make a move work best for me.”  
— Kellie Jones

**ROBINSON'S  
KARATE**

Serving St. Louis Since 1992

— **CANCELLATION POLICY** —  
Please call 6 hours in advance to avoid  
being charged for lesson.

Your Place  
or Ours

# SPECIAL EVENT & BIRTHDAY PARTY IDEAS

\$138 PER SESSION

## STREET DEFENSE FOR WOMEN

Teaching What Matters!

What is Street Defense for Women?



60 minutes

Street Defense for Women is a special program that teaches practical, easy-to-learn self-defense strategies based on real life situations.

This intensive program will introduce you to the Core Strategies System used by Robinson's Karate and give you immediate, practical knowledge.

Come learn how Paula S. frightened away an attacker without using physical force. Discover how you can protect yourself against a much larger and stronger opponent. This class is appropriate for women of all fitness levels. No experience necessary.

### Topics Covered:

- Avoiding dangerous situations
- Stand-up Confrontations
- One-on-One Scenarios
- Ground Fighting
- Verbal Self-Defense
- Psychological Preparedness and...

**MUCH MORE!**

30-40 minutes



AGES 5 & OLDER

This event teaches important safety tips, how to deal with a bully, stranger-danger awareness and easy-to-learn self-defense moves.

**HAVE FUN**

**THE PERFECT BALANCE BETWEEN ENTERTAINMENT AND EDUCATION**

**LEARN TO DEFEND YOURSELF**

**REAL LIFE STORIES ABOUT CHILDREN PROTECTING THEMSELVES**

**KIDS LOVE IT...PARENTS ARE IMPRESSED...EDUCATORS RECOMMEND IT!**

## BIRTHDAY PARTIES

Let us edu-tain the kids with a 90 minute martial arts spectacular including high-flying kicks, secret punches and an impressive board breaking demonstration!

- PART I — KARATE CLASS (45 min.)**
- PART II — THE PARTY (45 min.)**

### INCLUDES:

- Invitations
- Participation Certificates



Call Steve at 314-849-6660 to book your event/party today!



Serving St. Louis Since 1992

Presentations start promptly. All participants must pre-register and fill out responsibility waiver. Full payment is due when you make the reservation.



**FREE Uniform when you upgrade!**

## Do you have 2 or more kids training?

If you have 2 or more children training at one of our satellite programs, they may come to the main location for a second class each week FREE of charge!

## Message for individuals interested in upgrading your program.

Come to the studio for an additional weekly training session...only \$15 extra per month. Meet our professional instructors, make new friends and gain an edge while training in a real dojo.

**Are you interested? Call Steve at 314-849-6660 today!**

## LOCATIONS

1. Our Lady of Providence .....Mon.
2. Hopemark Preschool .....Mon & Fri
3. DeLaSalle Middle School .....Varies
4. St. Gabriel the Archangel .....Tues., Wed.
5. New City School .....Tues., Thurs.
6. St. Justin the Martyr.....Thurs.
7. St. Raphael the Archangel .....Fri.

## MAKE-UP LESSONS FOR STUDENTS WHO TRAIN AT A SATELLITE LOCATION

### PRE-SCHOOLERS

Monday, Wednesday & Friday  
5:30 p.m.

### KIDS

Tuesday & Thursday  
5:30 & 6:15 pm  
Saturday  
9:15 & 10 am

## CLASSES CONDUCTED AT MAIN LOCATION

## MAIN LOCATION ONLY CALENDAR

| January 2021 |    |    |    |    |    |    | February 2021 |    |    |    |    |    |    | March 2021 |    |    |    |    |    |    | April 2021 |    |    |    |    |    |    |   |   |   |
|--------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|------------|----|----|----|----|----|----|------------|----|----|----|----|----|----|---|---|---|
| S            | M  | T  | W  | T  | F  | S  | S             | M  | T  | W  | T  | F  | S  | S          | M  | T  | W  | T  | F  | S  | S          | M  | T  | W  | T  | F  | S  |   |   |   |
|              |    |    |    |    | 1  | 2  |               |    | 1  | 2  | 3  | 4  | 5  | 6          |    |    | 1  | 2  | 3  | 4  | 5          | 6  |    |    |    |    |    | 1 | 2 | 3 |
| 3            | 4  | 5  | 6  | 7  | 8  | 9  | 7             | 8  | 9  | 10 | 11 | 12 | 13 | 7          | 8  | 9  | 10 | 11 | 12 | 13 | 4          | 5  | 6  | 7  | 8  | 9  | 10 |   |   |   |
| 10           | 11 | 12 | 13 | 14 | 15 | 16 | 14            | 15 | 16 | 17 | 18 | 19 | 20 | 14         | 15 | 16 | 17 | 18 | 19 | 20 | 11         | 12 | 13 | 14 | 15 | 16 | 17 |   |   |   |
| 17           | 18 | 19 | 20 | 21 | 22 | 23 | 21            | 22 | 23 | 24 | 25 | 26 | 27 | 21         | 22 | 23 | 24 | 25 | 26 | 27 | 18         | 19 | 20 | 21 | 22 | 23 | 24 |   |   |   |
| 24           | 25 | 26 | 27 | 28 | 29 | 30 | 28            |    |    |    |    |    |    | 28         | 29 | 30 | 31 |    |    |    | 25         | 26 | 27 | 28 | 29 | 30 |    |   |   |   |
| 31           |    |    |    |    |    |    |               |    |    |    |    |    |    |            |    |    |    |    |    |    |            |    |    |    |    |    |    |   |   |   |

| May 2021 |    |    |    |    |    |    | June 2021 |    |    |    |    |    |    | July 2021 |    |    |    |    |    |    | August 2021 |    |    |    |    |    |    |   |
|----------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|---|
| S        | M  | T  | W  | T  | F  | S  | S         | M  | T  | W  | T  | F  | S  | S         | M  | T  | W  | T  | F  | S  | S           | M  | T  | W  | T  | F  | S  |   |
|          |    |    |    |    |    | 1  |           |    | 1  | 2  | 3  | 4  | 5  |           |    |    |    |    | 1  | 2  | 3           | 1  | 2  | 3  | 4  | 5  | 6  | 7 |
| 2        | 3  | 4  | 5  | 6  | 7  | 8  | 6         | 7  | 8  | 9  | 10 | 11 | 12 | 4         | 5  | 6  | 7  | 8  | 9  | 10 | 8           | 9  | 10 | 11 | 12 | 13 | 14 |   |
| 9        | 10 | 11 | 12 | 13 | 14 | 15 | 13        | 14 | 15 | 16 | 17 | 18 | 19 | 11        | 12 | 13 | 14 | 15 | 16 | 17 | 15          | 16 | 17 | 18 | 19 | 20 | 21 |   |
| 16       | 17 | 18 | 19 | 20 | 21 | 22 | 20        | 21 | 22 | 23 | 24 | 25 | 26 | 18        | 19 | 20 | 21 | 22 | 23 | 24 | 22          | 23 | 24 | 25 | 26 | 27 | 28 |   |
| 23       | 24 | 25 | 26 | 27 | 28 | 29 | 27        | 28 | 29 | 30 |    |    |    | 25        | 26 | 27 | 28 | 29 | 30 | 31 | 29          | 30 | 31 |    |    |    |    |   |
| 30       | 31 |    |    |    |    |    |           |    |    |    |    |    |    |           |    |    |    |    |    |    |             |    |    |    |    |    |    |   |

| September 2021 |    |    |    |    |    |    | October 2021 |    |    |    |    |    |    | November 2021 |    |    |    |    |    |    | December 2021 |    |    |    |    |    |    |  |   |   |   |   |
|----------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|--|---|---|---|---|
| S              | M  | T  | W  | T  | F  | S  | S            | M  | T  | W  | T  | F  | S  | S             | M  | T  | W  | T  | F  | S  | S             | M  | T  | W  | T  | F  | S  |  |   |   |   |   |
|                |    |    |    |    | 1  | 2  | 3            | 4  |    |    |    |    |    | 1             | 2  |    |    | 1  | 2  | 3  | 4             | 5  | 6  |    |    |    |    |  | 1 | 2 | 3 | 4 |
| 5              | 6  | 7  | 8  | 9  | 10 | 11 | 3            | 4  | 5  | 6  | 7  | 8  | 9  | 7             | 8  | 9  | 10 | 11 | 12 | 13 | 5             | 6  | 7  | 8  | 9  | 10 | 11 |  |   |   |   |   |
| 12             | 13 | 14 | 15 | 16 | 17 | 18 | 0            | 11 | 12 | 13 | 14 | 15 | 16 | 14            | 15 | 16 | 17 | 18 | 19 | 20 | 12            | 13 | 14 | 15 | 16 | 17 | 18 |  |   |   |   |   |
| 19             | 20 | 21 | 22 | 23 | 24 | 25 | 17           | 18 | 19 | 20 | 21 | 22 | 23 | 21            | 22 | 23 | 24 | 25 | 26 | 27 | 19            | 20 | 21 | 22 | 23 | 24 | 25 |  |   |   |   |   |
| 26             | 27 | 28 | 29 | 30 |    |    | 24           | 25 | 26 | 27 | 28 | 29 | 30 | 28            | 29 | 30 |    |    |    |    | 26            | 27 | 28 | 29 | 30 | 31 |    |  |   |   |   |   |
|                |    |    |    |    |    |    | 31           |    |    |    |    |    |    |               |    |    |    |    |    |    |               |    |    |    |    |    |    |  |   |   |   |   |

Test Week
Workshop Start Date  
 All Group Payments are Due the 1st of each month. A \$10 Late Fee is applied if paid after the 7th of the month.

## CANCELLATION POLICY

In order to avoid payment of the next month's dues, you must cancel your membership in writing by the FIRST of the previous month. Cancellation policy doesn't apply to first month trial program.

## STUDIO CLOSED:

- 5/31/21..... Memorial Day
- 7/4/21 ..... Independence Day
- 9/6/21..... Labor Day
- 10/31/21 ..... Halloween
- 11/25/21 ..... Thanksgiving
- 12/24, 12/25 & 12/26. . Christmas
- 12/31 & 1/1/22. . New Year's Eve



**STEVE ROBINSON**  
Senior Instructor



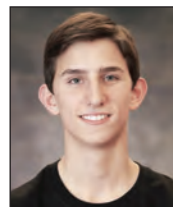
**KEVIN COCHRAN**  
Instructor



**SAM CATANZARO**  
Instructor



**RICH GREEN**  
Instructor



**WALTER IMMER-BROWN**  
Instructor



**PATRICK MALONEY, Ph.D.**  
Licensed Psychologist  
Program Consultant



**RHONDA LOFGREN**  
Certified Fitness Trainer  
Fitness Consultant  
rhondafitness@yahoo.com